

Freitag

Zeit	Bewegungsraum 1	Bewegungsraum 2	Bewegungsraum 3
08:00			
08:15			
08:30			
08:45			
09:00			
09:15			
09:30			
09:45			Babymassage 09:45 - 10:45 Patrizia
10:00			
10:15			
10:30			
10:45	DG Pilates 3 10:45 - 11:45 Andrea		
11:00		Bye bye Babybauch 11:00 - 12:00 Viktoria	Bye bye Babybauch 11:00 - 12:00 Viktoria
11:15			
11:30			
11:45			
12:00			
12:15		Powertraining Mum, Dad and Baby 12:15 - 13:15 Viktoria	Powertraining Mum, Dad and Baby 12:15 - 13:15 Viktoria
12:30			
12:45			
13:00			
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16:00			
16:15			
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17:00			
17:15			
17:30		ZUMBA Gold 17:30 - 18:30 Teresa	ZUMBA Gold 17:30 - 18:30 Teresa
17:45			
18:00			
18:15		ZUMBA 18:30 - 19:30 Teresa	ZUMBA 18:30 - 19:30 Teresa
18:30			
18:45			
19:00			
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19:45			
20:00			
20:15			
20:30			
20:45			
21:00			



